

## MEDICAL STATEMENT FOR STUDENTS REQUIRING SPECIAL MEALS AND/OR ACCOMMODATIONS

Please note: This statement must be updated when there is a change or discontinuance of a diet order.

Student's name \_\_\_\_\_ Birth date \_\_\_\_\_ Gender  M  F  
 School attended \_\_\_\_\_ Grade \_\_\_\_\_  
 Parent/guardian name \_\_\_\_\_ Primary phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_  
 Physician/Medical Provider's Name \_\_\_\_\_ Phone \_\_\_\_\_

**\*\*\*FOR MEDICAL PROVIDER USE ONLY\*\*\*** (TO BE COMPLETED BY A LICENSED MEDICAL PROVIDER WITH PRESCRIPTION WRITING AUTHORITY)

**Indicate medical diagnosis necessitating food restriction, substitution, or special diet.** \_\_\_\_\_

**Check major life activities affected by the student's disability or medical condition.**

Caring for self     Eating     Performing manual tasks     Walking     Seeing     Hearing

Speaking     Breathing     Learning     Working     Other \_\_\_\_\_

Major bodily function (i.e. immune system, neurological, respiratory, circulatory, endocrine, & reproductive functions)

Life-threatening (Epinephrine required)

**Diet prescription** (check all that apply)

Food allergy (please specify all) \_\_\_\_\_

Lactose Intolerant     Diabetic (attach meal plan)     Modified Texture (describe) \_\_\_\_\_

Other (describe) \_\_\_\_\_

OMITTED FOODS/BEVERAGES	ALLOWED SUBSTITUTIONS

**\*\*If lactose intolerance, please specify one of the following:**

No fluid milk only (may have cheese, yogurt, pudding, ice cream, etc.)

No milk products (no fluid milk, yogurt, cheese, pudding, ice cream, etc.)

No milk products and no products prepared with milk (i.e: no breads, desserts, or other products prepared with milk)

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PHYSICIAN/MEDICAL PROVIDER'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**PARENT/GUARDIAN:** I understand it is my responsibility to instruct my child not to share food items or eat any food item except those prepared for him/her in our home or by the school according to these prescribed orders. I further authorize the above diet orders as prescribed. (Both provider and parent/guardian signatures are required to authorize these diet orders.)

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

School Nurse: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_